

**Farlington School - Weekly Menu**  
**Week Commencing 20<sup>th</sup> February 2012**

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>	<u>Sunday</u>
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Pasta bar With a choice of Three Sauces Bolognaise Tomato and Basil Carbonara	Chicken and Mushroom Crepes with Mornay Sauce	Roast Chicken Thigh served with Sage and Onion Stuffing Balls	Panini Bar With a Choice of Three fillings Ham and Cheddar Cheese Bacon, Brie and roasted pepper Mozzarella and Tomato	Deep Fried Battered or Breaded fish of the Day or Fish fingers served with lemon and Tartare Sauce	Packed Lunches	Sunday Brunch
~#~ Vegetarian Choice	~#~ Vegetarian Choice	~#~ Vegetarian Choice	~#~ Vegetarian Choice	~#~ Vegetarian Choice	~#~ Vegetarian Choice	~#~ Vegetarian Choice
Pasta Bar	Spring Vegetable risotto served with focaccia Bread and Mixed Salad	Stuffed peppers with orzo Pasta, Fata and Spinach	Panini Bar	Vegetable Tempura with sweet Chilli Sauce and Egg Fried rice	Packed Lunches	Sunday Brunch
Garlic Bread	Pilau rice	Roast Potatoes	Mixed Salad	Chips	Packed Lunches	Sunday Brunch
Sweetcorn	Broccoli Florets	Carrots Sautéed Cabbage		Peas Baked Beans	Packed Lunches	Sunday Brunch
Creamed rice Pudding with jam Strawberry Jelly	Scotch Pancakes with maple syrup or lemon and Sugar	Chocolate chip flapjack	Steamed syrup Sponge with custard	Fresh Fruit and yoghurt	Packed Lunches	Sunday Brunch
<u>Evening</u>	<u>Evening</u>	<u>Evening</u>	<u>Evening</u>	<u>Evening</u>	<u>Evening</u>	<u>Evening</u>
Beef and Cheese burgers	Sticky Chilli Roast chicken thighs	Braised Beef with melting Onions	Oriental Rice with slow Cooked Pork	Prawn Puree	BBq Spare ribs	Traditional Ground Beef lasagne
Chunky Chips	Boiled Rice	Cheddar Mash	Pac Choi	Tri Coloured Rice	½ a Jacket Potato	Garlic Bread
Baked Beans	Salad	Vichy carrots		Onion Salad	BBQ Baked Beans	Mixed Salad
~#~ Vegetarian Choice	~#~ Vegetarian Choice	~#~ Vegetarian Choice	~#~ Vegetarian Choice	~#~ Vegetarian Choice	~#~ Vegetarian Choice	~#~ Vegetarian Choice
Veggie Burgers	Savoury Vegetable rice	Root Vegetable Stew	Oriental Veggie rice	Vegetable Tikka	Vegetarian cottage Pie	Macaroni Cheese
~#~	~#~	~#~	~#~	~#~	~#~	~#~
Pears with chocolate Custard	Apple strudel	Peach Upside Down cake with Cream	Grilled Pineapple	Kiwi and Oranges	Bread and butter Pudding with Cream	Steamed syrup Sponge and custard