

# Farlington Prep School Weekly Menu

## Week Commencing 20<sup>th</sup> February 2012

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Pasta bar With a choice of Three Sauces Bolognese Tomato and Basil Carbonara	Chicken and Mushroom Crepes with Mornay Sauce	Roast Chicken Thigh served with Sage and Onion Stuffing Balls	Panini Bar With a Choice of Three fillings Ham and Cheddar Cheese Bacon, Brie and roasted pepper Mozzarella and Tomato	Deep Fried Battered or Breaded fish of the Day or Fish fingers served with lemon and Tartare Sauce
<b>Vegetarian Option</b> ~#~	<b>Vegetarian Option</b> ~#~	<b>Vegetarian Option</b> ~#~	<b>Vegetarian Option</b> ~#~	<b>Vegetarian Option</b> ~#~
Pasta Bar	Spring Vegetable risotto served with focaccia Bread and Mixed Salad	Stuffed peppers with orzo Pasta, Fata and Spinach	Panini Bar	Vegetable Tempura with sweet Chilli Sauce and Egg Fried rice
Garlic Bread	Pilau rice	Roast Potatoes	Mixed Salad	Chips
Sweetcorn	Broccoli Florets	Carrots Sautéed Cabbage		Peas Baked Beans
<b>Dessert</b> ~#~	<b>Dessert</b> ~#~	<b>Dessert</b> ~#~	<b>Dessert</b> ~#~	<b>Dessert</b> ~#~
Creamed rice Pudding with jam Strawberry Jelly	Scotch Pancakes with maple syrup or lemon and Sugar	Chocolate chip flapjack	Steamed syrup Sponge with custard	Fresh Fruit and yoghurt
<b>Fresh Fruit and Yoghurts are Available Daily</b>	<b>Fresh Fruit and Yoghurts are Available Daily</b>	<b>Fresh Fruit and Yoghurts are Available Daily</b>	<b>Fresh Fruit and Yoghurts are Available Daily</b>	<b>Fresh Fruit and Yoghurts are Available Daily</b>